**** **Our Lady Star of the Sea**

**PE Curriculum**

**Cycle B**

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| Autumn | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Week | 1 | | | 2 | | | 3 | | 4 | | 5 | | | 6 | | | 7 | 8 | 9 | | | | 10 | | | 11 | | 12 | | 13 | | | 14 | | | 15 | |
| Class 1 | Health Related Fitness and Tennis | | | | | | | | | | | | | | | | | | | Health Related Fitness and Gymnastics | | | | | | | | | | | | | | | | | Revisit Recap |
| Class 2 | Multi Skills | | | | | | | | | | | | | | | | | | | Ball Familiarisation- hands | | | | | | | | | | | | | | | | | Revisit Recap |
| Class 3 | Hockey and Football | | | | | | | | | | | | | | | | | | | Dance and Basketball | | | | | | | | | | | | | | | | | Revisit Recap |
| Class 4 | Skipping and Football | | | | | | | | | | | | | | | | | | | Health Related Fitness and Athletics | | | | | | | | | | | | | | | | | Revisit Recap |
| Spring | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Week | | 1 | | | 2 | | | 3 | | 4 | | | 5 | | | 6 | | 7 | | | 8 | | | 9 | | | 10 | | 11 | | | 12 | | | 13 | | |
| Class 1 | | Dance and Attack vs. Defence | | | | | | | | | | | | | | | | Handball and Rounders | | | | | | | | | | | | | | | | | | | |
| Class 2 | | Gymnastics and Cricket | | | | | | | | | | | | | | | | Dance | | | | | | | | | | | | | | | | | | | |
| Class 3 | | Health Related Fitness and Handball | | | | | | | | | | | | | | | | Gymnastics and Athletics | | | | | | | | | | | | | | | | | | | |
| Class 4 | | Gymnastics and Basketball | | | | | | | | | | | | | | | | Rugby and Hockey | | | | | | | | | | | | | | | | | | | |
| Summer | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Week | | | 1 | | | 2 | | | 3 | | | 4 | | | 5 | | | 6 | | | | 7 | | | 8 | | | 9 | | | 10 | | | 11 | | | |
| Class 1 | | | Athletics and Football | | | | | | | | | | | | | | | | | | | Athletics and OAA | | | | | | | | | | | | | | | |
| Class 2 | | | Ball Familiarisation- feet | | | | | | | | | | | | | | | | | | | Athletics and OAA | | | | | | | | | | | | | | | |
| Class 3 | | | OAA and Tennis | | | | | | | | | | | | | | | | | | | Athletics and Cricket | | | | | | | | | | | | | | | |
| Class 4 | | | Cheerleading and Cricket | | | | | | | | | | | | | | | | | | | Athletics and OAA | | | | | | | | | | | | | | | |