**** **Our Lady Star of the Sea**

**PE Curriculum**

**Cycle A**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Autumn | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Week | 1 | | | 2 | | | 3 | | 4 | | 5 | | | 6 | | | 7 | 8 | 9 | | | | 10 | | | 11 | | 12 | | 13 | | | 14 | | | 15 | |
| Class 1 | Health Related Fitness and Tennis | | | | | | | | | | | | | | | | | | | Health Related Fitness and Gymnastics | | | | | | | | | | | | | | | | | Revisit Recap |
| Class 2 | Multi Skills | | | | | | | | | | | | | | | | | | | Ball Familiarisation- hands | | | | | | | | | | | | | | | | | Revisit Recap |
| Class 3 | Indoor Athletics and Rugby | | | | | | | | | | | | | | | | | | | Netball and Football | | | | | | | | | | | | | | | | | Revisit Recap |
| Class 4 | Indoor Athletics and Rugby | | | | | | | | | | | | | | | | | | | Netball and Football | | | | | | | | | | | | | | | | | Revisit Recap |
| Spring | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Week | | 1 | | | 2 | | | 3 | | 4 | | | 5 | | | 6 | | 7 | | | 8 | | | 9 | | | 10 | | 11 | | | 12 | | | 13 | | |
| Class 1 | | Dance and Attack vs. Defence | | | | | | | | | | | | | | | | Handball and Rounders | | | | | | | | | | | | | | | | | | | |
| Class 2 | | Gymnastics and Cricket | | | | | | | | | | | | | | | | Dance | | | | | | | | | | | | | | | | | | | |
| Class 3 | | Gymnastics and Hockey | | | | | | | | | | | | | | | | Tennis and Dance | | | | | | | | | | | | | | | | | | | |
| Class 4 | | Gymnastics and Swimming | | | | | | | | | | | | | | | | Tennis and Dance | | | | | | | | | | | | | | | | | | | |
| Summer | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Week | | | 1 | | | 2 | | | 3 | | | 4 | | | 5 | | | 6 | | | | 7 | | | 8 | | | 9 | | | 10 | | | 11 | | | |
| Class 1 | | | Athletics and Football | | | | | | | | | | | | | | | | | | | Athletics and OAA | | | | | | | | | | | | | | | |
| Class 2 | | | Ball Familiarisation- feet | | | | | | | | | | | | | | | | | | | Athletics and OAA | | | | | | | | | | | | | | | |
| Class 3 | | | Cricket and Health Related Fitness | | | | | | | | | | | | | | | | | | | Athletics and OAA | | | | | | | | | | | | | | | |
| Class 4 | | | Cricket and Health Related Fitness | | | | | | | | | | | | | | | | | | | Athletics and OAA | | | | | | | | | | | | | | | |