

OUTDOOR and ADVENTUROUS ACTIVITIES in KEY STAGE 1, LOWER KEY STAGE 2 and UPPER KEY STAGE 2
Development of skills linked to the core assessment tasks

National Curriculum Statements of Attainment	Core Assessment Tasks:
Pupils should: <ul style="list-style-type: none"> engage in co-operative physical activities in a range of increasingly challenging situations enjoy communicating and collaborating with each other take part in outdoor and adventurous activity challenges both individually and within a team compare their performance with previous ones and demonstrate improvement to achieve their personal best 	Level 1 – Where Are We Going? Level 1/2 – Ship Wrecked, Gone Fishing! Level 2/3 – Search and Rescue, Where Am I? Communication Challenge, Safely Across Level 3/4 – Crystal Star Challenge, Beat The Clock, Electric Fence

5-11 yrs	Key Stage 1	Lower Key Stage 2	Upper Key Stage 2
Orientation	<ul style="list-style-type: none"> Identify where they are on simple maps and diagrams of familiar environments e.g. in relation to position of desk in plan of classroom Use simple maps and diagrams to follow a trail 	<ul style="list-style-type: none"> Orienteate simple maps and plans Mark control points in correct position on their map or plan (e.g. where they find an object when following a photo trail) Find their way back to a base point 	<ul style="list-style-type: none"> Draw their own maps and plans and set trails for others to follow Use the eight points of the compass to orientate themselves Plan before starting an orienteering challenge
Communication	<ul style="list-style-type: none"> Begin to work and behave safely when working co-operatively with others Work with friends to plan and share ideas Comment on how they went about tackling a task 	<ul style="list-style-type: none"> Co-operate to share roles within a group Listen to each other's ideas when planning a task Change your ideas if they are not working Take responsibility for a role within the group Recognise that some outdoor adventurous activities can be dangerous Follow rules to keep self and others safe 	<ul style="list-style-type: none"> Together, plan and share roles within the group based on each other's strengths Work increasingly well in groups where roles and responsibilities are understood Change roles or ideas if they are not working Recognise own and others' feelings Recognise and talk about the dangers of tasks Recognise how to keep themselves and others safe
Problem Solving	<ul style="list-style-type: none"> Discuss how to follow trails and solve problems Work with friends to select appropriate equipment for the task 	<ul style="list-style-type: none"> Select appropriate equipment/route/people to solve a problem successfully Choose effective strategies and change ideas if not working 	<ul style="list-style-type: none"> Plan strategies to solve problems/plan routes/follow trails/build shelters etc. Implement and refine strategies Recognise what went well and why, what you would do differently next time

